**OTHER ITEMS TO BRING, NOT PROVIDED BY V.B.L**

**Personal Needs**

1. **Driving Clothing:**
	* Button up shirts
	* T-shirts
	* Driving pants
2. **Off-duty Clothes**
* Pack comfy and season appropriate free-time clothes
1. **Underwear**
* Pack enough to last throughout the trip or between laundries
1. **Shoes**
* Black driving/professional shoes, shower shoes and off-duty shoes
1. **A Jacket**
2. **Safety Apparel Work Boots**
* Depending on your destination you may need heavy duty winter shoes
1. **Sunglasses**
* Take polarized, transition prescription lenses and amber vision sunglasses
1. **Raincoat**
	* A raincoat will help you avoid getting wet and being uncomfortable for hours
2. **Personal Products**
* Stay clean for your own health and wellness (and consideration for other truckers)
	+ Shower Kit
	+ Body wash or bar soap, shampoo and/or conditioner (depending on your hair situation)
* Toothbrush, Toothpaste, Dental floss, Mouthwash, Deodorant, Cologne
* Include your daily pills and an extra pair of glasses or contacts
* Include all grooming and personal hygiene items
1. **Cleaning supplies**
* Laundry detergent
* Paper towels
* All purpose cleaner
* Lysol wipes
* Dashboard Conditioner
* Air Freshening Spray
1. **Cell Phone and Charger**
2. **Atlas or Maps**
* In case other means of navigation fail
1. **GPS System**
2. **Work gloves**
* For random repairs
* To make loading or unloading easier
1. **Toolbox (recommended)**
	* Wrench set
	* Flashlight and spare batteries
	* Hammer
	* Screwdriver
	* Pliers
	* Zip ties
	* Pocket knife
	* Tire pressure gauge
2. **\*\*\*\*\*Phone Number List\*\*\*\*\***
* Handwritten, in case your cell phone gets broken or lost
1. **Cooler, Ice Chest**
* Keep personal snacks/drink cool while on the road