**OTHER ITEMS TO BRING, NOT PROVIDED BY V.B.L**

**Personal Needs**

1. **Driving Clothing:**
   * Button up shirts
   * T-shirts
   * Driving pants
2. **Off-duty Clothes**

* Pack comfy and season appropriate free-time clothes

1. **Underwear**

* Pack enough to last throughout the trip or between laundries

1. **Shoes**

* Black driving/professional shoes, shower shoes and off-duty shoes

1. **A Jacket**
2. **Safety Apparel Work Boots**

* Depending on your destination you may need heavy duty winter shoes

1. **Sunglasses**

* Take polarized, transition prescription lenses and amber vision sunglasses

1. **Raincoat**
   * A raincoat will help you avoid getting wet and being uncomfortable for hours
2. **Personal Products**

* Stay clean for your own health and wellness (and consideration for other truckers)
  + Shower Kit
  + Body wash or bar soap, shampoo and/or conditioner (depending on your hair situation)
* Toothbrush, Toothpaste, Dental floss, Mouthwash, Deodorant, Cologne
* Include your daily pills and an extra pair of glasses or contacts
* Include all grooming and personal hygiene items

1. **Cleaning supplies**

* Laundry detergent
* Paper towels
* All purpose cleaner
* Lysol wipes
* Dashboard Conditioner
* Air Freshening Spray

1. **Cell Phone and Charger**
2. **Atlas or Maps**

* In case other means of navigation fail

1. **GPS System**
2. **Work gloves**

* For random repairs
* To make loading or unloading easier

1. **Toolbox (recommended)** 
   * Wrench set
   * Flashlight and spare batteries
   * Hammer
   * Screwdriver
   * Pliers
   * Zip ties
   * Pocket knife
   * Tire pressure gauge
2. **\*\*\*\*\*Phone Number List\*\*\*\*\***

* Handwritten, in case your cell phone gets broken or lost

1. **Cooler, Ice Chest**

* Keep personal snacks/drink cool while on the road